

5.0 Nutrition Services

Effective Date: 11/06/14

5.06 Required Services for High Risk Clients

5.06A High Risk Documentation Guidance

Clients identified as high risk are entitled to additional WIC services. Many different scenarios occur around high risk client needs. Nutrition counseling with a WIC RD (NCRD) and an individual care plan (ICP), tailored to the client's specific needs can support the client's understanding and action on critical risks, help the client implement care plans from other health care providers, and provide the client opportunity for follow-up on their progress. Clients may elect counseling with a WIC RD even if they are receiving services from a non-WIC RD.

What makes sense for best WIC client service within resource constraints? Three options affect next steps for the high risk client:

1. Client receives services from a non-WIC RD
2. Client chooses counseling with a WIC RD (NCRD)
3. Client refuses counseling with a WIC RD

Outline of Nutrition Counseling Options and Documentation for the High Risk Client

